



Kingborough

Media Release

VOLUNTEER PROGRAM 2016

For immediate release

17 January 2017

The Kingborough Volunteer Program has completed another successful year in supporting older members of the community.

Over 250 clients (ranging from 65 to 100 years of age) have received help and support in getting to medical and personal appointments, shopping, gardening, social interaction and pet support. One of our clients has thanked the Program for supporting her while she has been recently injured and unable to maintain her garden. She particularly enjoyed the social interaction that came with the garden support provided, which enhanced the experience for both the client and the volunteer. The client realised the well-being aspects of the program are as important as the physical tasks and she has been inspired to consider joining as a volunteer herself.

There are currently 55 volunteers who provide support to clients across Kingborough. Gardening and transport are the most requested services of our volunteers, who have dedicated over 3,440 hours in 2016, which almost equates to two full-time people per week. Our volunteers range from 24 to 93 years of age and their diversity of skills and life experiences enable us to support a variety of clients. Volunteers say that volunteering provides a unique opportunity for improving the quality of life for those within their community and also provides wonderful benefits in many areas for their own lives.

The Kingborough Volunteer Program is a whole of community health and wellbeing program and all of the volunteers provide support to enable their clients to remain in their own homes. If you are interested in becoming a volunteer or a client, please contact the Volunteer Coordinator on 6211 8136 or email tjay@kingborough.tas.gov.au.

ENDS

For more information please contact Sarah Wilcox, Media & Communications Officer for Kingborough Council on 0428 033085 or 6211 8265.

